

## Important Information

### All Campers receive:

- Age-appropriate skill instruction
- Individual attention
- Daily skills contests
- Emphasis on fundamental skills
- Certificate of Attendance
- Camp T-shirt

**Skill instruction to include:** *Passing, Receiving, Dribbling, Shooting, Heading, Goalkeeping, Exercise, Nutrition, Communication, Leadership, Positive team interaction, Self-practice methods.*

### CAMPER REQUIREMENTS for full day & half-day sessions

- Transportation must be provided by camper
- Campers provide their own lunch and snack
- Camper must wear soccer cleats/sneakers, shin guards, and weather appropriate clothing each day.
- Appropriate indoor shelter is provided when weather is extremely inclement.
- Campers should bring waterproof sun-block.

### ENROLLMENT

Return the application along with full payment for the July 25-29, 2016 full-day or half-day sessions. All checks payable to **LavenderDay Girls & Boys Summer Soccer Camp**. You will receive a confirmation package with the necessary information and instructions

*Along with your fully-completed camp application and payment, YOU MUST ALSO INCLUDE your campers vaccination history (STATE-REQUIRED) available from your family doctor.*

The LavenderDay Summer Soccer Camp complies with the Massachusetts Department of Public Health's required regulations that all camps be licensed by the local board of health (Town of Swampscott).

For more information, or to download full registration and medical release forms, visit our website at:

<http://lavenderdaycamp.weebly.com>  
e-mail: [nswsc@verizon.net](mailto:nswsc@verizon.net)  
(781) 595-6763



**July 25-29, 2016**  
**Phillips Park, Swampscott, Massachusetts**  
**"A Summer Tradition on the North Shore"**

LavenderDay Girls & Boys Summer Soccer Camp  
15 Columbia Ave.  
Lynn, MA 01902  
[nswsc@verizon.net](mailto:nswsc@verizon.net)  
<http://lavenderdaycamp.weebly.com>

# LavenderDay



## Girls & Boys Summer Soccer Camp

### "Our 13TH Consecutive Season"

*A Dynamic, Instructive,  
Fun-Filled Week of Soccer Training*

Located at Phillips Park and/or Swampscott High School, Swampscott, Massachusetts

**July 25-29, 2016**  
**AGES 6 to 15**

<http://lavenderdaycamp.weebly.com>

[nswsc@verizon.net](mailto:nswsc@verizon.net)  
(781) 595-6763



# The Camp



## Who We Are !

The 2015 LavenderDay Girls & Boys Soccer Camp (to be held at Phillips Park and/or the new SHS, in Swampscott, MA.), returns for its "13th Season" after its largest attended season in 2014. Both Cindy Lavender and Fred Day continue to perceive the need for an environment in which young soccer enthusiasts can truly enjoy the game of soccer. After all, soccer should be as much fun to learn as it is to play.

## What You Get!

The LavenderDay Girls & Boys Soccer Camp is designed specifically for players of various ages (6-15) and ability levels. Because grouping within the camp is based on age and ability level, we ensure that each camper is placed in the healthiest and most beneficial learning environment possible.

## What We Do!

The LavenderDay Girls & Boys Soccer Camp is built on a strong commitment to excellence that is firmly grounded in enthusiasm and dedication, team concept and fair play, **AND FUN** - the ingredients of true champions.



# Proven Experience at All Levels !



**Fred Day**  
Head Coach /Salem High School Girls Varsity (2010-2014)  
Swampscott High School Girls Varsity Head Coach (2002-2009)  
2003, 2006, 2007 NEC -Coach of the Year

Fred Day has compiled over 30 years of coaching and officiating experience at all levels of soccer. Day's list of accomplishments include six years as Head Coach of the Wheaton College (Ma) Women's Varsity Soccer Program, Head Coach Massachusetts State Select Women's Team, Head Coach Northeast Women's Bay State Games Team, over 20-years as the coach and founder of the North Shore Women's Soccer Club, and many years coaching both boys and girls of all age levels of club and youth soccer. Day completed his first season as head coach of the 2010 Salem High School Varsity Girls Soccer team, guiding them to a 10-7-2 record and a playoff bid. In 2010, Day also notched his 100th career win as a varsity girls high school coach, and currently has a record of 133-77-23 over a twelve-year period. Prior to 2010, he was the head coach of the Swampscott High School Varsity Girls Soccer program where he compiled a record of 90-34-15, qualifying for tournament play every year and reaching the Division II North Finals in 2003 and the Semi Finals in 2005. In 2003, 2006, 2007, Day was voted NEC Coach of the Year by his fellow coaches. During the summers of 2003-2015, Fred Day, along with Cindy Lavender, has operated the hugely successful LavenderDay Summer Soccer Camp, held in Swampscott.

**Cindy Lavender**  
All-New England College All-Star Selection  
Swampscott HS Girls Varsity Coach (1996-2001)  
Asst. Swampscott HS Coach (2003-2008),(2013-present)  
Swampscott Public Schools SEA Educator of the Year 2008



Cindy Lavender served as Head Coach of the Big Blue Girls Varsity Soccer program (1996-2001). While in the head coaching position, she would earn the Lynn Item "Coach of the Year" award in 2000. After giving up her head coaching position when she had her first child, she later served as the SHS Varsity Assistant Coach (2003-2008). A summa cum laude graduate from Springfield College in 1995, Cindy Lavender was a two-year varsity soccer captain, MVP, leading goal scorer, All-New England All-star, Northeast-10 All-Star, and Springfield College Female/Scholar-Athlete of the Year (1994-1995). She earned her Bachelors Degree in Physical Education for Springfield College, and a Masters in Education, (4.0 GPA), from the University of New England. After college, she also attained recognition as a Region I All-Star on the Massachusetts Women's Select Team. Cindy has been employed as a physical education teacher at Swampscott High School for the past 17 years, where she was recognized in 2008 by her colleagues, as the Swampscott Education Association Educator of the Year. During the summers of 2003-2015, Cindy Lavender, along with Fred Day has operated the hugely successful LavenderDay Summer Soccer Camp, held in Swampscott.

*All camp coaches and counselors will be selected from the very best talent that exists at area clubs, colleges and high schools. As they are hired, the information will be listed on our camp website at: <http://lavenderdaycamp.weebly.com>*

# 2016 Registration Form

\$250.00 per camper- full day (9AM-3PM)  
\$175.00 per camper—half day (9AM-NOON)

**NO DISCOUNTS OF ANY KIND !!**

Complete the form below, or download full registration and medical form at:  
<http://lavenderdaycamp.weebly.com>

Camper's Name / DOB: \_\_\_\_\_  
Full day \_\_\_ Half-Day \_\_\_

Camper's Name ( / DOB: \_\_\_\_\_  
Full day \_\_\_ Half-Day \_\_\_

Address: \_\_\_\_\_

Town/City/State/Zip: \_\_\_\_\_

Parents/Guardian's Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Doctors Name/Phone: \_\_\_\_\_

Emergency Contact/Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

In the event of illness or injury, I grant the LavenderDay Soccer Camp the right to take appropriate action for my child's health and safety and to obtain any necessary medical assistance. I will be fully responsible for all medical expenses incurred by my child while attending the program. I, for ourselves, our heirs, executors and administrators waive, release, and forever discharge LavenderDay Soccer Camp and its staff and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained during participation in camp activities or while at camp. I understand that lost equipment and personal belongings are not the responsibility of the Camp.

Make check payable to:  
**LavenderDay Girls & Boys Summer Soccer Camp**  
mail to:  
**LavenderDay Girls & Boys Summer Soccer Camp**  
15 Columbia Ave.  
Lynn, MA 01902  
ALL PAYMENTS ARE FINAL

Return the application along with full payment. All checks are payable to LavenderDay Girls & Boys Summer Soccer Camp. You will receive a confirmation package with important information and instructions. With your payment, you must also provide a vaccination history (REQUIRED BY STATE LAW) of your child—available from your family doctor. Download full registration and medical release forms at:  
<http://lavenderdaycamp.weebly.com>